

Ababech's Story

Ababech Adugna, aged 10, is the eldest of four children in her family.



Through classroom conversations, she became aware that her family members were falling ill more often than others.

Having studied hygiene at school, Ababech was curious to see if she could identify the cause.

By observing and enquiring about household habits, she discovered that the water used for the family's drinking and cooking needs was drawn from a nearby stream, which was polluted with household and bodily waste.

Ababech instructed her mother to boil all of the water taken from the stream before use, and called a meeting of the whole family to ensure that everyone in the household, including her youngest sister, washed their hands meticulously after bathroom visits and before preparing or

eating food.

On a recent home visit, her mother Berhane beamingly reported that nobody in the house had fallen ill since that time – *"not for a single day!"*